

National Campaign  
on Homoeopathy  
for Mother and Child Care

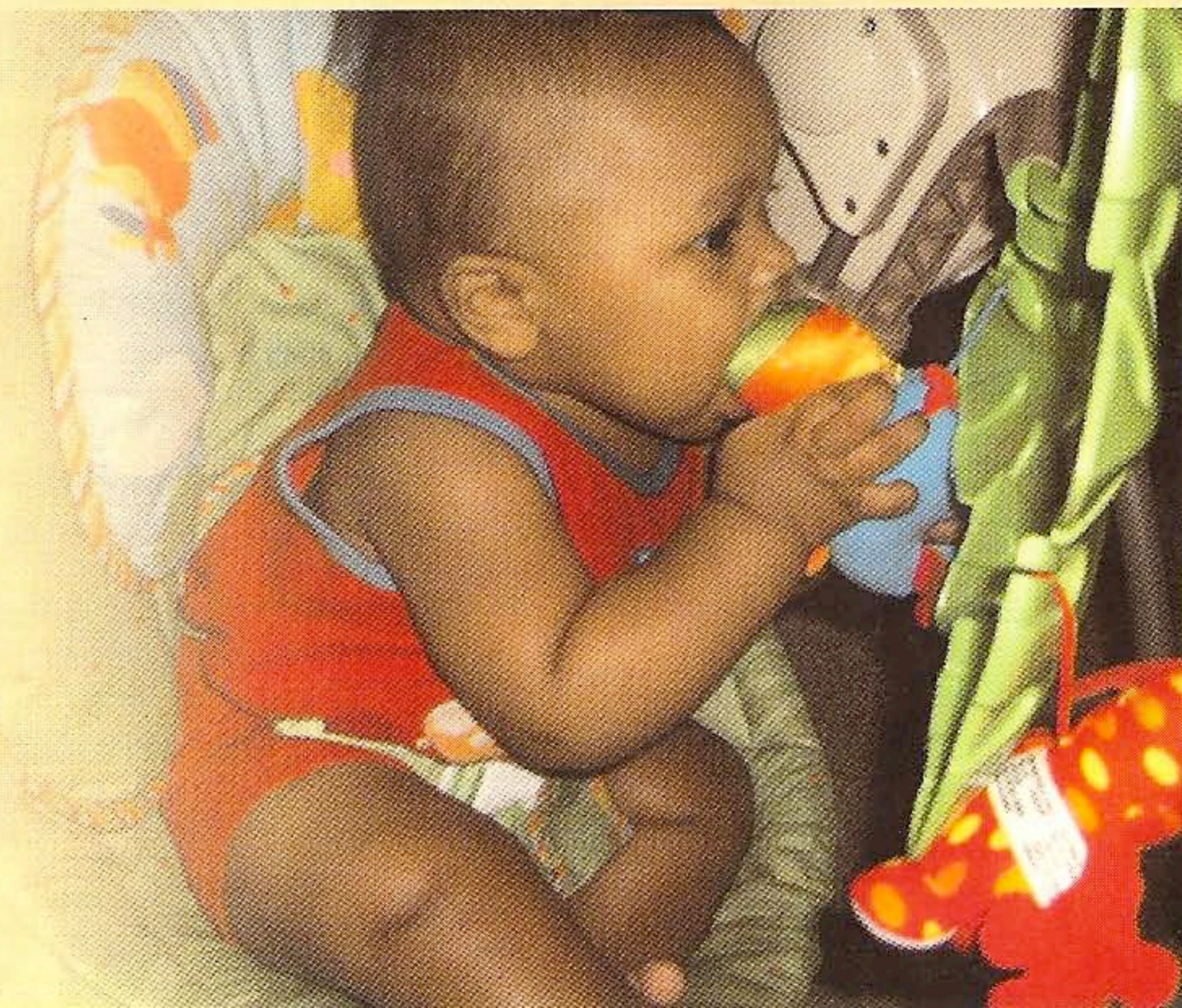
# Homoeopathic Management of Dentition Troubles in Children

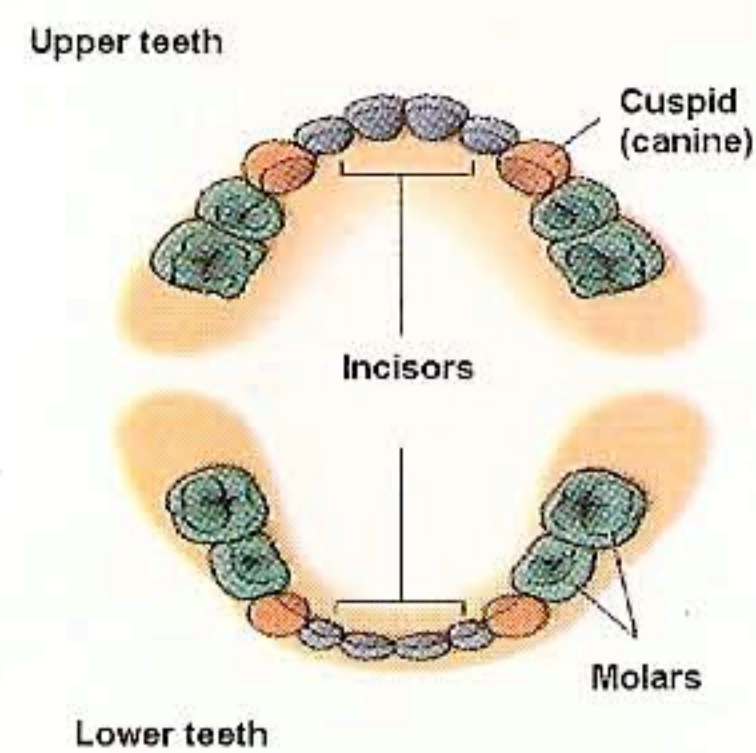


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Naturopathy, Unani, Siddha  
and Homoeopathy (AYUSH)  
Ministry of Health and Family Welfare  
Government of India



Central Council for  
Research in Homoeopathy  
(An Autonomous Organization of the  
Department of AYUSH,  
Ministry of Health and Family Welfare)





# Dentition Troubles in Children



## Teething

- When the baby's first set of teeth, called primary teeth break through the gums.
- Usually begins at the age of 6 months, but can start anytime between 3 - 12 months.
- Lower front teeth come up first followed by upper front teeth 1 to 2 months after.
- Is usually complete (set of 20 primary teeth or baby teeth) by child's third birthday.



## A teething baby may :

- Put his hands and whatever he gets into his mouth



- Tend to bite and chew
- Have dribbling of saliva
- Become cranky and crying
- Not sleep
- Refuse to eat or drink milk
- Have diarrhoea



- Have low fever due to gum inflammation
- Strike head against a bed or wall
- Have rashes around the mouth

## Do's

- Give baby something cold to suck or chew e.g. teether or a clean cloth dipped in water and kept in the freezer.
- Wipe your baby's face often with a soft cloth to clean the saliva to prevent rashes.

## Don'ts

- Don't keep small objects within the reach of babies.
- Don't give any unclean object to the baby.



## Consult a physician if there is

- Persistent high fever
- Frequent ear pulling
- Persistent diarrhoea

## How can Homoeopathy help?

Following are some of the commonly used homoeopathic medicines for 'Dentition troubles in children'. **It is advised that a qualified homoeopathic doctor should be consulted.**

Complaints	Medicines
<b>Fever</b> <ul style="list-style-type: none"> <li>• Fever with chills</li> <li>• Excessive thirst</li> <li>• Anxiety and restlessness</li> <li>• Relief with sweating</li> </ul>	<i>Aconitum napellus 30</i>
<b>Irritability</b> <ul style="list-style-type: none"> <li>• Child extremely irritable and peevish</li> <li>• One cheek red and other pale</li> <li>• Profuse sweat on head</li> <li>• Greenish offensive diarrhoea</li> <li>• Gums red and tender</li> </ul>	<i>Chamomilla 30</i>
<b>Delayed dentition</b> <ul style="list-style-type: none"> <li>• Delayed dentition in fat, fair and flabby baby</li> <li>• Profuse sweating on head</li> <li>• Child has likings for eggs and indigestible things like clay, chalk, coal etc.</li> </ul>	<i>Calcarea carbonica 30</i>
<ul style="list-style-type: none"> <li>• Delayed dentition in thin emaciated child</li> </ul>	<i>Calcarea phosphorica 30</i>
<b>Vomiting</b> <ul style="list-style-type: none"> <li>• Indigestion</li> <li>• Vomiting of curdled milk or greenish vomiting followed by exhaustion and sleepiness</li> <li>• No desire to drink water</li> </ul>	<i>Aethusa cynapium 30</i>
<b>Diarrhoea</b> <ul style="list-style-type: none"> <li>• Sour smelling diarrhoea</li> <li>• Whole body of child smells sour</li> <li>• Pain in abdomen with tenesmus (painful urge for stool)</li> </ul>	<i>Rheum 30</i>
<ul style="list-style-type: none"> <li>• Child is unable to digest milk</li> <li>• Milk causes pain in stomach</li> <li>• Undigested sour smelling stool</li> </ul>	<i>Magnesia carbonicum 30</i>

Follow the instructions overleaf



### General Instructions while taking Homoeopathic Treatment:

- Medicines as indicated in this handout should be taken if the symptoms mentioned against each medicine match those of the patient.
- Medicine to be taken - 3 globules of size 40 every 3 hours dry on the tongue or in plain drinking water. *Medicines for delayed dentition may be repeated as per the advice of the physician.*
- Medicine should be taken after cleaning the mouth and preferably on an empty stomach.
- If improvement occurs within 24 hours, then medicine should be stopped.
- While taking the medicine, if the patient does not get any relief within 24 hours or becomes worse at any time, then consult the nearest homoeopathic doctor.
- Medicines must be kept away from strong smelling substances like camphor, menthol etc.
- Medicines should be kept in a cool, dry place away from direct exposure to sunlight.
- Medicines should be kept away from the reach of children.



#### **Central Council for Research in Homoeopathy**

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